



Be an effective communicator

Grugliasco, November 5th 2019

Agenda

- Logical Manuscript Structure
- Efficient Publication Strategy
- Successful Journal Submission
- SpringerNature free tools
- Open Access
- Predatory publishers
- Books

Be an effective communicator

Your goal is not only to be published, but also to be widely read in your field

**Logical manuscript
structure**

**Efficient publication
strategy**

**Successful journal
submission**

Logical Manuscript Structure

Your readers have 4 key questions

Methods

What did you do?

Results

What did you find?

Introduction

Why did you do the study?

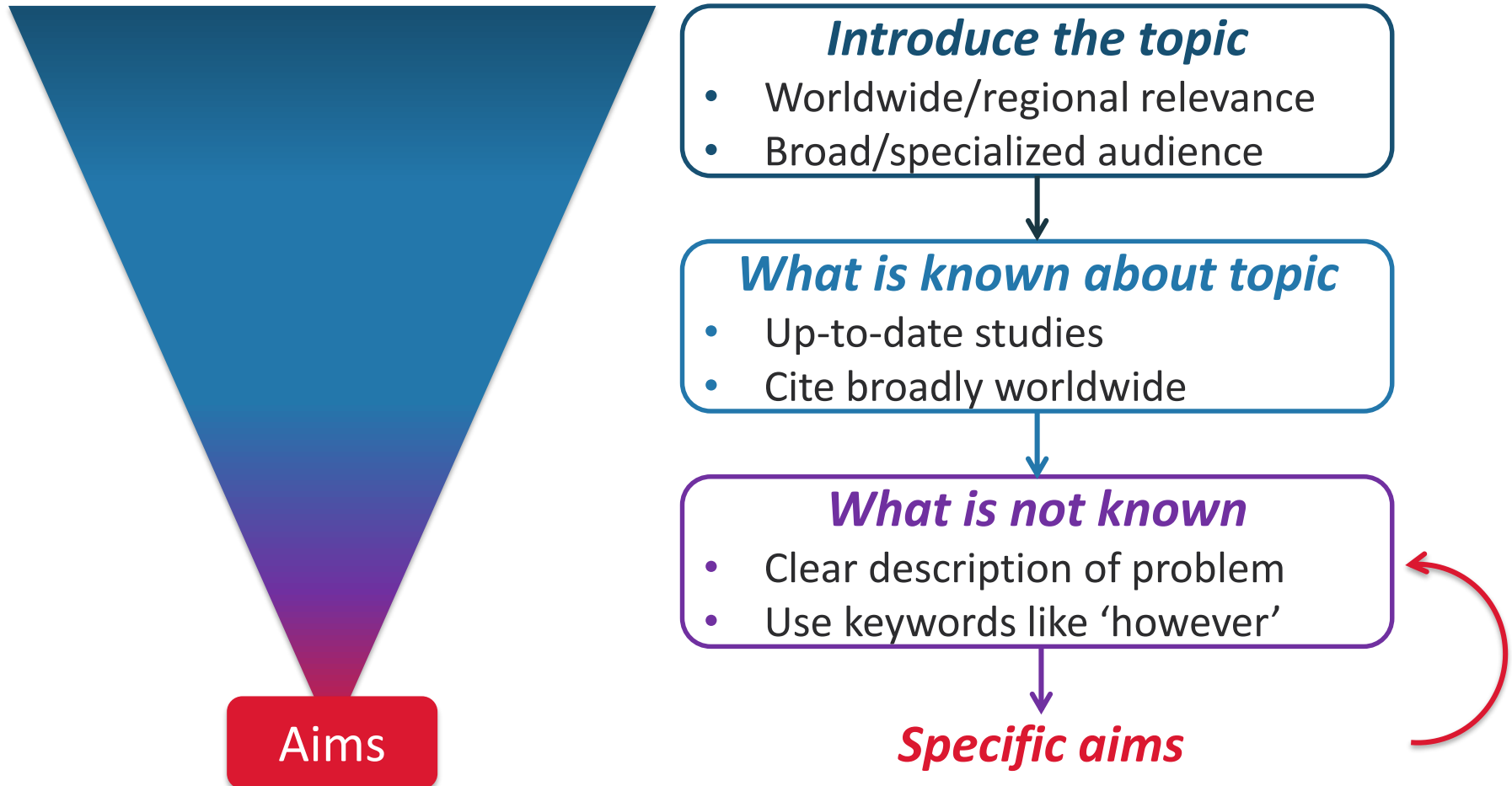


Discussion

How does the study advance the field?

Introduction

Why does your study need to be done ?



Methods

What did you do?

Researchers in
your field

- Reproduce your findings
- Build on your research

Peer reviewers

- Evaluate your study design
- Validate your results

Methods

What do they need to know?

Who/what was used in the study

- Samples or participants
- Materials (where purchased)

How you conducted the study

- Methodology and techniques
- Discuss specific conditions and controls

How you analyzed your data

- Quantification methods/software
- Statistical tests (consult a statistician)

Guide your readers through your findings

Logical presentation

1. Initial observation
2. Characterization
3. Application

Example:

1. Fabricate new membrane for water treatment
2. Evaluate physical and chemical properties (e.g., under different temperatures/pressures)
3. Efficacy in removing particulate contamination

Guide your readers through your findings

One figure at a time

Results

Clear subheading 1

- Introduce experiment (figure 1)
- Discuss obtained data
- Summarize key finding

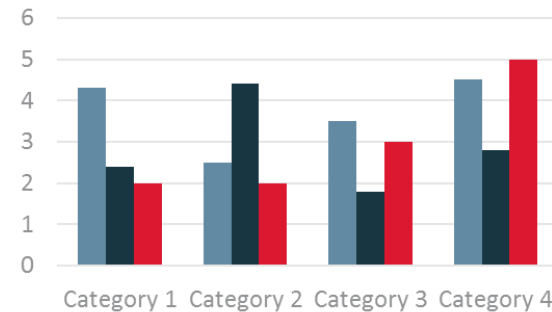


Figure 1. Descriptive figure caption

Clear subheading 2

- Introduce experiment (figure 2)
- Discuss obtained data
- Summarize key finding

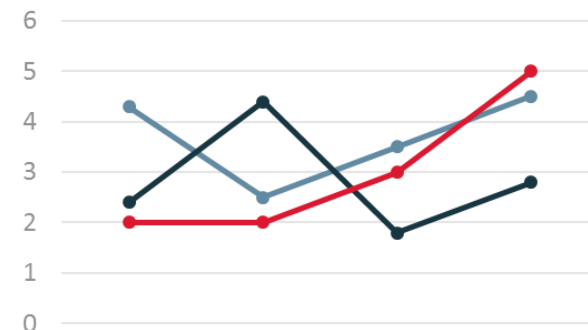


Figure 2. Descriptive figure caption

Discussion

How your study contributes to the field



Summarize what you did

- Begin with research problem
- Briefly describe study design
- Summarize key findings

Interpret your findings

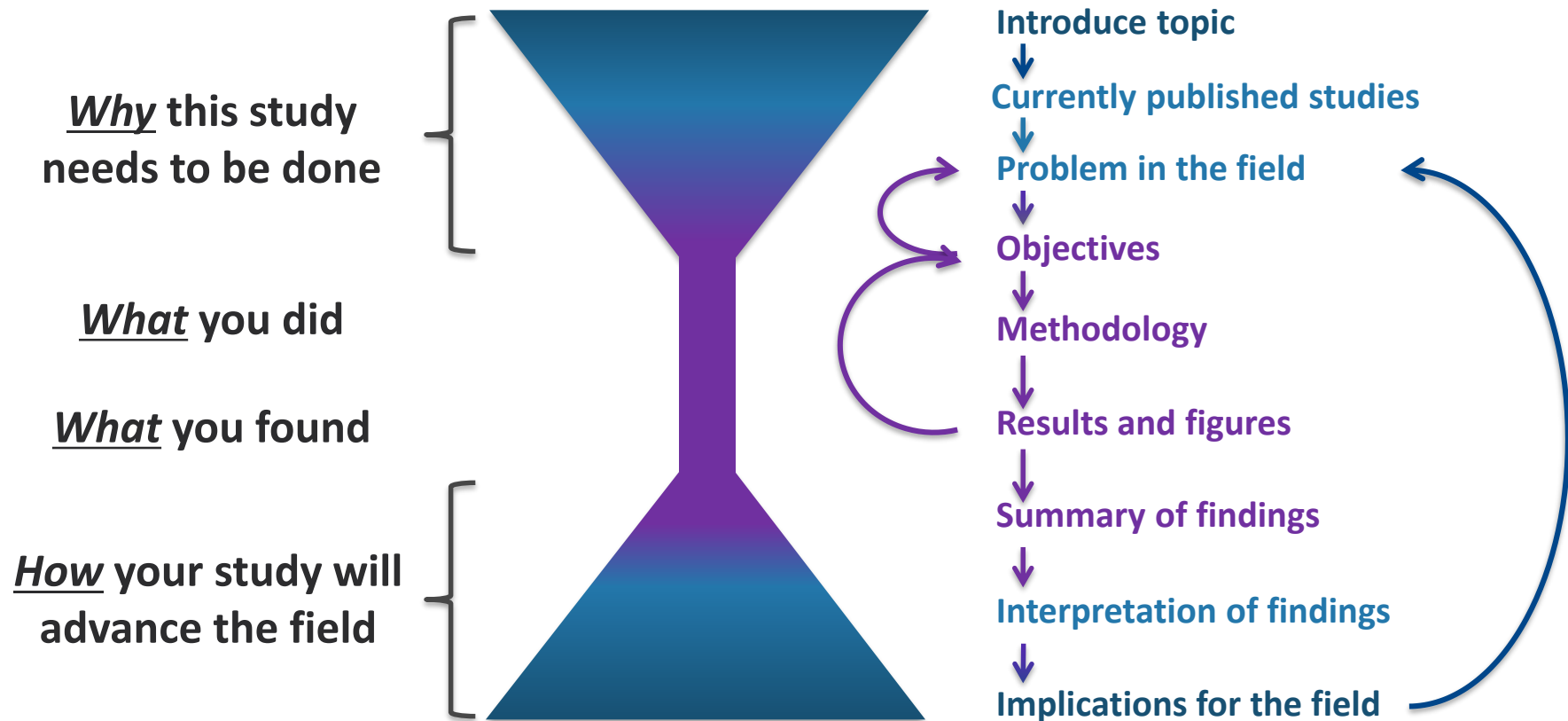
- Similarities & differences
- Unexpected/negative results
- Limitations

Why important to the field

- Main conclusion
- Implications

Logically linking your ideas

Answer the ***four key questions*** for your reader



Logically link your ideas throughout your manuscript

Titles – Get your reader's attention

Should include...

- ✓ What's important
- ✓ Keywords for indexing
- ✓ Conciseness (<20 words)

Should avoid...

- ✗ Questions
- ✗ Describing methodology
- ✗ Abbreviations

Your title should be a concise summary of what's most important

Abstracts – First impression of your paper

Aims

Importance of your topic

Results

Significance of your study

Conclusions

Relevance of your study

Clarity of your writing

Abstracts – Good first impression

What do you readers want to know?

Why did the study
need to be done?

Introduce topic and problem

What did you do?

Your aims and methodology

What did you find?

Key results

How study will
advance the field?

Conclusions and implications

Efficient Publication Strategy

Publication goals

Publish quickly and have impact in the field

Choose the most appropriate journal

Communicate study's relevance

Choose the appropriate journal

Is this the journal with the highest impact factor?

Not necessarily

It is the journal that will best reach your target audience to maximize ***your impact*** in the field

Choose the appropriate journal

Where are the findings relevant?

Worldwide

Choose an *international* journal to reach a worldwide audience

Locally

Choose a *regional* journal to reach a local audience

Choose the appropriate journal

For whom are the findings relevant?

Your field only

Choose an **specialized** journal to reach readers in your field

Your and other fields

Choose a **broad-focused** journal to reach readers across disciplines

Choose the appropriate journal

How much accessibility do you need?

Subscription

Only academics with access to the journal can read your article

Open access

Freely available to everyone worldwide

How to identify a trustworthy journal?

Reputable publisher

Springer Nature, Elsevier, PLoS, etc.

Editorial board

International and familiar

Indexed

Indexed by common databases

Authors

Do you recognize the authors?

Fees

Only paid after acceptance

Think – Check – Submit (www.thinkchecksubmit.org)

The image shows a screenshot of the Think-Check-Submit website. At the top, there is a navigation bar with three buttons: 'THINK' (red with an exclamation mark icon), 'CHECK' (orange with a checkmark icon), and 'SUBMIT' (green with a right arrow icon). Below this, the text reads 'Choose the right journal for your research'. A black navigation bar contains links: 'Home', 'Think', 'Check', 'Submit', 'About', and 'FAQ'. The main content area has a paragraph about sharing research results and a sign-up form for news and updates. A large orange 'CHECK' button with a checkmark icon is overlaid on the page. Below it, text says 'Use our [check list](#) to assess the journal'. At the bottom, there is a green 'SUBMIT' button with a right arrow icon and a note about the check list.

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 - If the journal is open access, does the publisher belong to the [Open Access Scholarly Publishers' Association \(OASPA\)](#)?
 - Is the publisher a member of another trade association?

Only submit to a journal if you can answer **yes** to all of these questions!

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Manuscript title

Biochemical and Immunochemical Evidences Supporting the Inclusion of Q

Manuscript text

To date, the only acceptable therapeutic approach for celiac disease (CD) is a strict elimination from the diet of gluten-containing foods, but this diet does not always guarantee an adequate nutritional intake. Pseudocereals are receiving considerable attention as interesting alternatives for the formulation of gluten-free products, and quinoa grains arise as nutritive substitutes of conventional cereals. The aim of this was the characterization of different quinoa samples corresponding to 11 quinoa varieties using polyacrylamide gel electrophoresis in the presence of sodium dodecyl sulfate (SDS-PAGE) and immunoblotting techniques to assess their suitability for celiac subjects. All of these varieties were grown in Italy to assess if the reproduction in a new habitat could guarantee the retention of the "safe" protein pattern. None of the quinoa varieties presented protein bands with electrophoretic mobility comparable with those of wheat gliadins, the toxic protein for celiac subjects. All the quinoa samples showed a low affinity for both specific anti-gliadin antibodies and IgAs from celiac subjects, confirming that quinoa can be considered as a safe ingredient for celiac patients. However, relevant varieties should be previously selected since the immuno cross-reactivity with anti-gliadin antibodies can vary significantly.

Subject area

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- ✓ *Appropriate journal*
- ✓ *Logically organized manuscript*

Ready to submit!

Successful Journal Submission

Journal editors are busy!

Most journal editors are not full-time journal editors

Full-time professors
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Journal editors when
they have time

You are competing with many other researchers
for the journal editor's *limited time*

Make the best first impression for journal editors

Cover letter

Significance and
relevance of study

Suitable to be published by
their journal

Interesting to their readers?

Clear and concise writing style?

Cover letters – What to include (~1 page)

Introduce your manuscript

- Manuscript title
- Article type

Why study is important

- Brief background
- Research problem & aims

What you found

- Study design
- 1 or 2 key findings

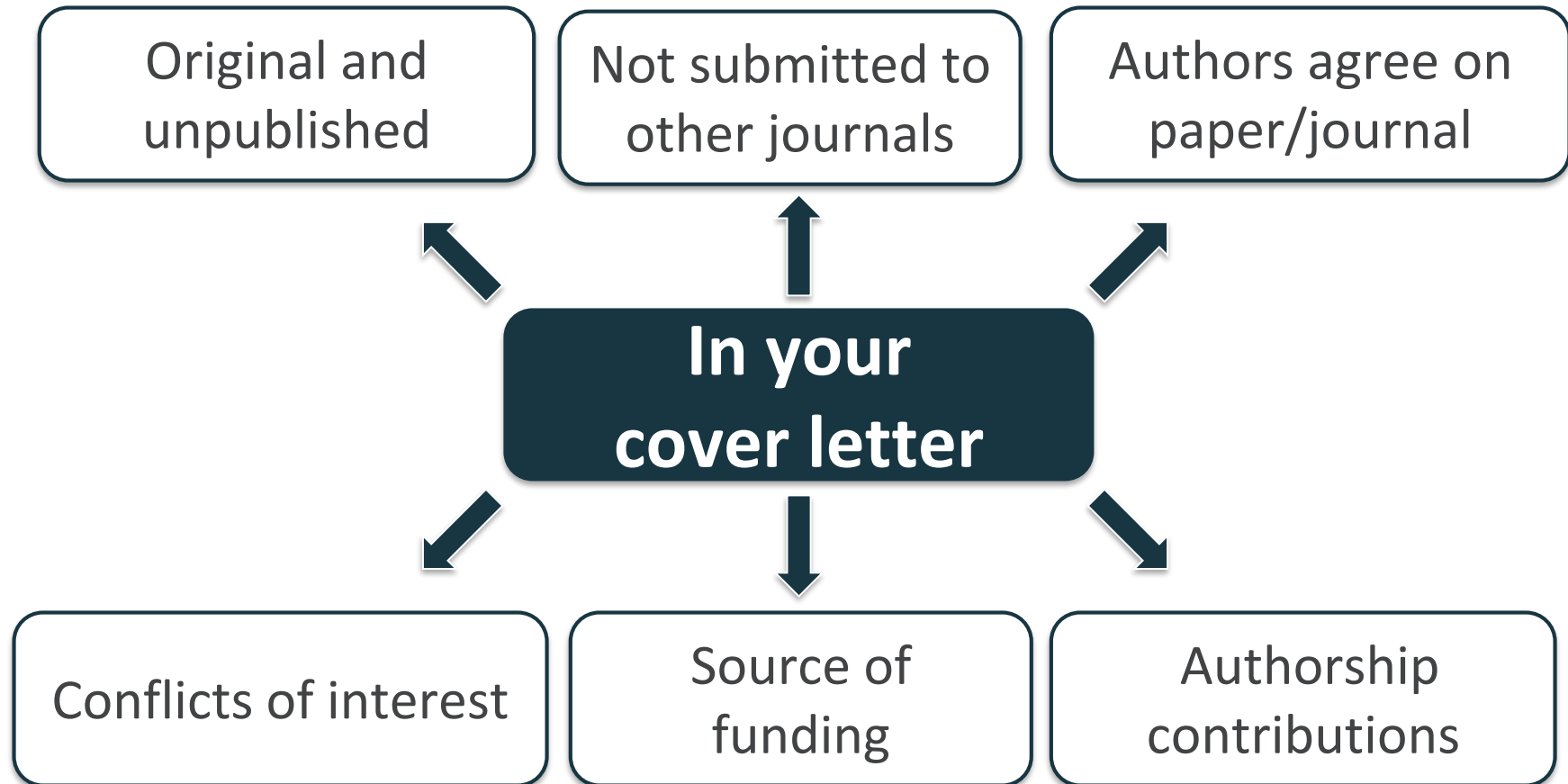
Why suitable for the journal

- Conclusion
- Interest to the readership

Additional information

- Include/exclude reviewers
- Publication ethics

Publication ethics



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- ▶ Compliance with ethical standards
- ▶ Disclosure of potential conflicts of interest
- ▶ Research involving human participants and/or animals
- ▶ Informed consent
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Introduction

A central resource for users to find easily Nature journals' policies on publishing policies relating to ethics: authorship, plagiarism, fabrication, duplicate publication, competing financial interests, confidentiality and pre-publicity.

Authorship

The Nature journals' authorship policy.

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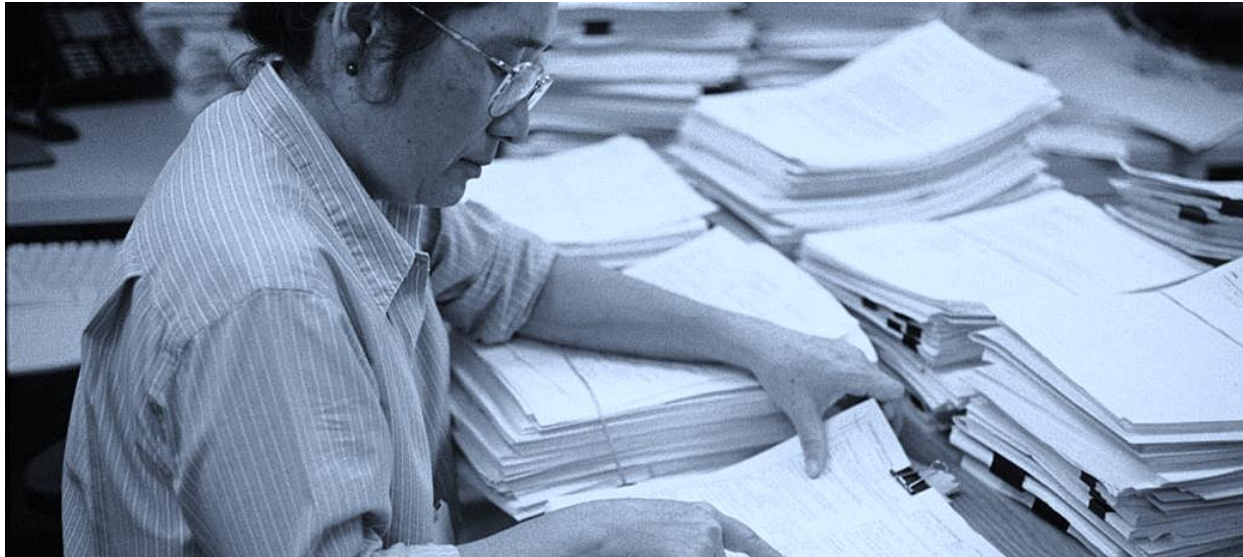
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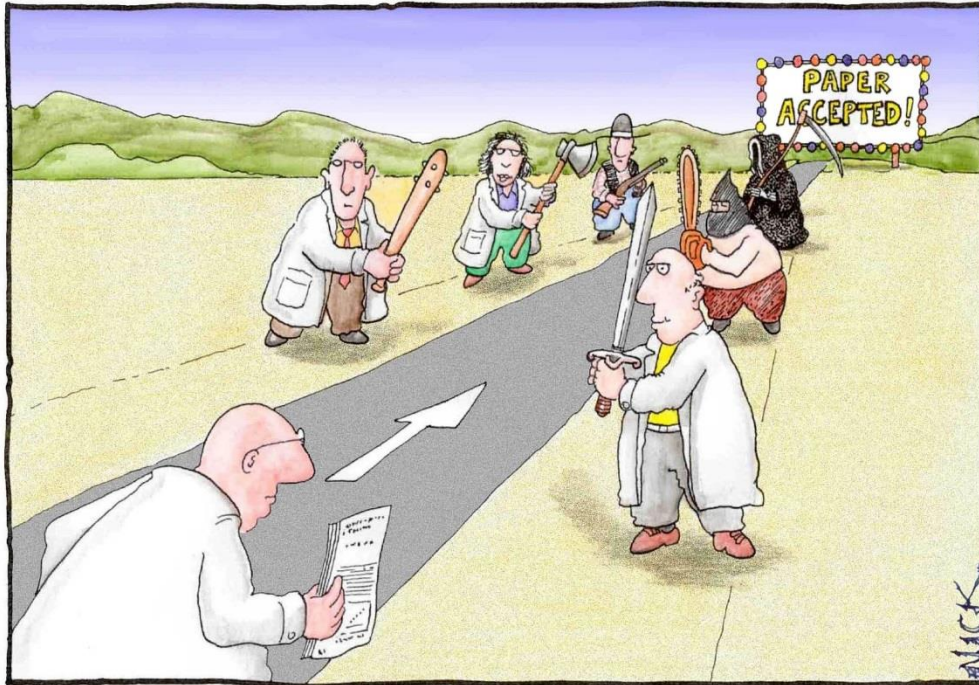
<http://www.nature.com/authors/policies/publication.html>

Convince journal editor manuscript is suitable



Peer review

Peer review is a positive process



Most scientists regarded the new streamlined peer-review process as "quite an improvement."

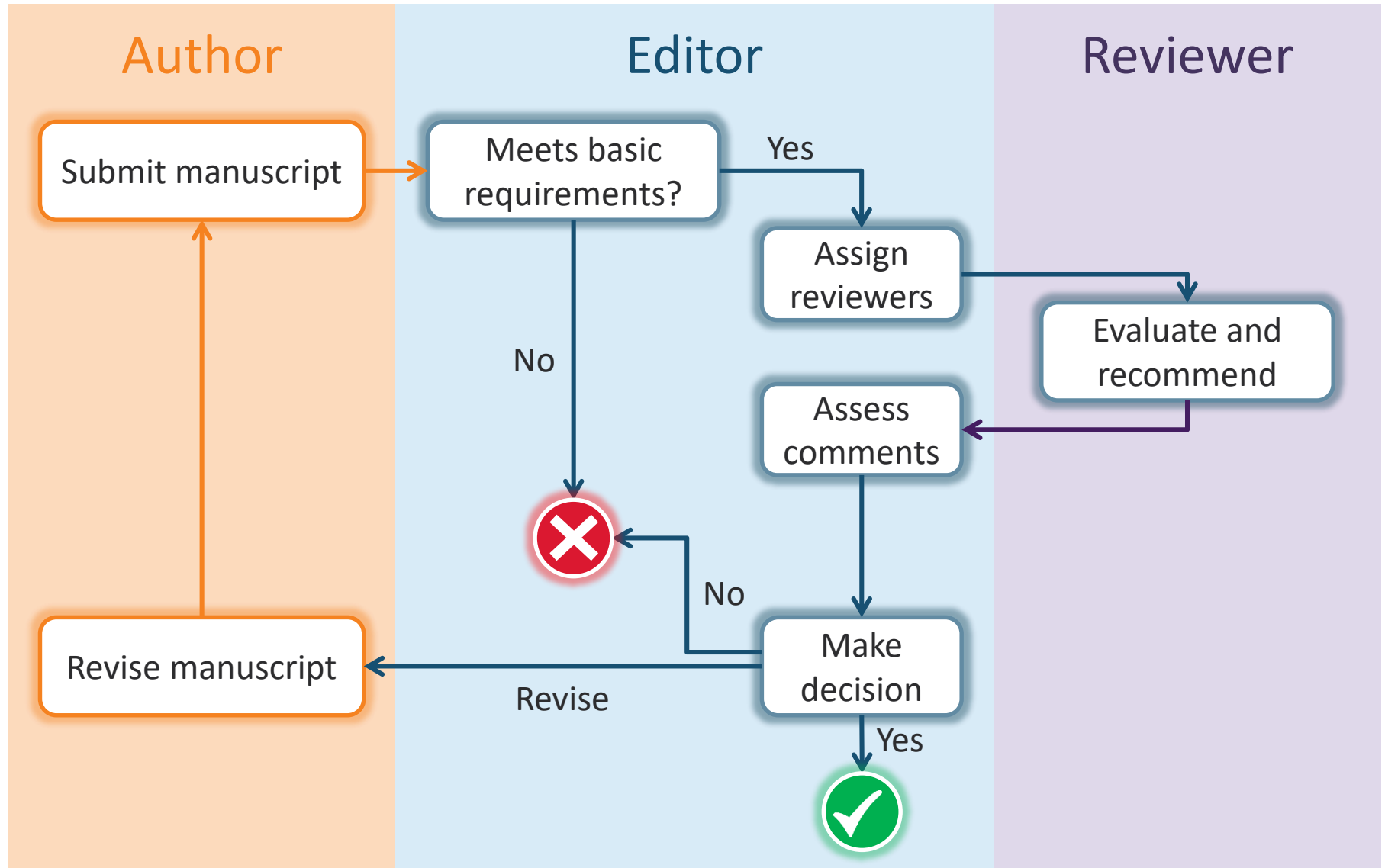
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Experts give advice on how to **improve** your study and your manuscript

Ensures only **relevant** studies are published

Peer review helps to **advance** the field

The journey of your manuscript



Writing response letters

Clearly discuss all of your revisions

Most common
mistake

Only state that revisions have been done, not what the revisions were

Journal editors are very busy!

Make revisions
easy to review

- ✓ Briefly state what was revised
- ✓ Always refer to page and line numbers
- ✓ In manuscript, highlight revised text

Writing response letters

What are journal editors looking for?

Do you agree or disagree?

- Why do you agree/disagree?
- Support disagreement with evidence

What revisions were done?

- State new experiments
- How revised the text & figures

Where can revisions be found?

- Page and line numbers
- Updated figure numbers

If at first you don't succeed...

Relax, revise, and resubmit

And we can help!

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(4) [Plant Foods for Human Nutrition](#) (3)
December 2014, Volume 69, [Issue 4](#), pp 297–303 | [Cite as](#)

Biochemical and Immunochemical Evidences Supporting the Inclusion of Quinoa (*Chenopodium quinoa* Willd.) as a Gluten-free Ingredient (5)

(6)

Authors

Authors and affiliations

Elena Peñas, Francesca Uberti, Chiara di Lorenzo, Cinzia Ballabio, Andrea Brandolini, Patrizia Restani

Original Paper

First Online: 31 October 2014



(10)

Abstract (7)

To date, the only acceptable therapeutic approach for celiac disease (CD) is a strict elimination from the diet of gluten-containing foods, but this diet does not always guarantee an adequate nutritional intake. Pseudocereals are receiving considerable attention as interesting alternatives for the formulation of gluten-free products, and quinoa grains arise as nutritive substitutes of conventional cereals. The aim of this study was the characterization of different quinoa samples corresponding to 11 quinoa varieties, using polyacrylamide gel electrophoresis in the presence of sodium dodecyl sulfate (SDS-PAGE) and immunoblotting techniques to assess their suitability for celiac subjects. Some of these varieties were grown in Italy to assess if the reproduction in a new habitat can guarantee the retention of the “safe” protein pattern. None of the quinoa varieties studied presented protein bands with electrophoretic mobility comparable with those of wheat gliadins, the toxic protein for celiac subjects. All the quinoa samples showed a low binding affinity for both specific anti-gliadin antibodies and IgAs from celiac subjects, confirming that quinoa can be considered as a safe ingredient for celiac patients. However, reliable varieties should be previously selected since the immuno cross-reactivity with anti-gliadin antibodies can vary significantly.

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Biochemical and Immunochemical Evidences Supporting the Inclusion of Quinoa (*Chenopodium quinoa* Willd.) as a Gluten-free Ingredient

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Authors and affiliations

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Published in Plant Foods for Human Nutrition, October 2014

DOI 10.1007/s11130-014-0449-2 

Pubmed ID 25359556 

Authors Peñas E, Uberti F, di Lorenzo C, Ballabio C, Brandolini A, Restani P

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OUTPUTS OF SIMILAR AGE FROM PLANT FOODS FOR HUMAN NUTRITION

#3

of 8 outputs

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Article

Biochemical and Immunochemical Evidences Supporting the Inclusion of Quinoa (*Chenopodium quinoa* Willd.) as a Gluten-free Ingredient

Plant Foods for Human Nutrition, 2014, Volume 69, Number 4, Page 297
Elena Peñas, Francoesca Uberti, Chiara Lorenzo, Show All (6)

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Article

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Yichen Hu, Jinming Zhang, Liang Zou, Chaomei Fu, Peng Li and Gang Zhao
Journal: International Journal of Biological Macromolecules, 2017, Volume 99, Page 622
DOI: 10.1016/j.ijbiomac.2017.03.019

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Luz María Paucar-Menacho, Cristina Martínez-Villaluenga, Montserrat Dueñas, Juana Frias and Elena Peñas
Journal: International Journal of Food Science & Technology, 2017
DOI: 10.1111/ijfs.13623

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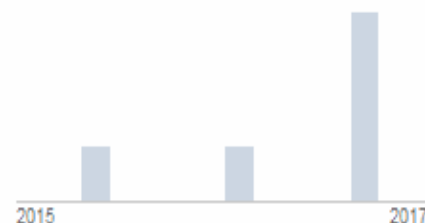
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European Journal of Clinical Nutrition	1
Food Research International	1
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Biochemical and Immunochemical Evidences Supporting the Inclusion of Quinoa (*Chenopodium quinoa* Willd.) as a Gluten-free Ingredient

Authors [Authors and affiliations](#)


Elena Peñas, Francesca Uberti, Chiara di Lorenzo, Cinzia Ballabio, Andrea Brandolini, Patrizia Restani 


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Extracellular matrix scaffolding guides cell elongation by inducing anisotropic intercellular mechanical tension

Qiushi Li, Yue Zhang, Perrine Pluchon, Jeffrey Robens, Keiichi Iwano, Paul Thiery, Hanry Yu & Virgile Viasnoff


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Nature Cell Biology 18, 311–318 (2016) | doi:10.1038/ncb3311
Received 26 October 2015 | Accepted 08 January 2016 | Published online 12 February 2016

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nature cell biology

LETTERS

Extracellular matrix scaffolding guides lumen elongation by inducing anisotropic intercellular mechanical tension

Qiushi Li^{1,8}, Yue Zhang^{1,8}, Perrine Pluchon², Jeffrey Robens¹, Keira Herr³, Myriam Mercade⁴, Jean-Paul Thiery³, Harry Yu^{1,5,6,9} and Virgile Viasnoff^{1,2,3,7,9,10}

The *de novo* formation of secretory lumens plays an important role during organogenesis. It involves the establishment of a cellular apical pole¹ and the elongation of luminal cavities². The molecular parameters controlling cell polarization have been heavily scrutinized^{3–5}. In particular, signalling from the

and the β_1 -integrin signalling pathway⁶ proved key in determining the localization of apical lumens. However, the processes guiding the growth of spherical lumens into oriented tubes remain unclear. The liver, for example, secretes bile into tubes ($2\mu\text{m} \times 500\mu\text{m}$; ref. 14) called canaliculi. These tubes extend across individual intercellular

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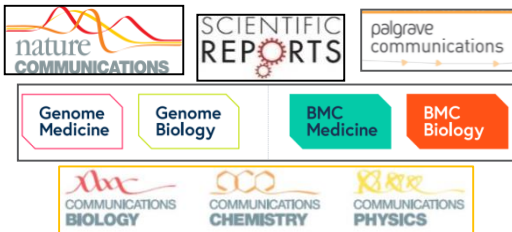
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Predatory publishing

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- They lack transparency and are given away by tells such as false claims of indexing, not declaring ethics and COIs,
- and poor language and production quality
- They mimic real journals, even stealing titles or posing as them.
- Fake impact factors, promising publication in a few days, and boards that do not reflect the journal scope are common problems they see in publishers

Books

Books or Journals?

- An academic book is a **complete**, state-of-the-art scholarly work on a topic
- **Book chapters** fulfil a similar role to review articles, with books representing a united collection of manuscripts on related topics
- Books include large bibliographies, recommended readings, summaries, exercises (textbooks), index



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Types of books

Monographs

- Scientific presentation of a field or topic, usually with new scientific results, usually written by one or only a few authors

Contributed volumes

- A collection of chapters around a specific topic written by more authors and edited by a team. Different voices to present a field in a unified and consistent way

Textbooks

- Systematically and didactically well prepared introduction to a certain (scientific) field. With examples, exercises, summaries, glossaries, usually written by one or few authors

Reference Works, Atlases

- Tertiary literature, comprehensive

Proceedings



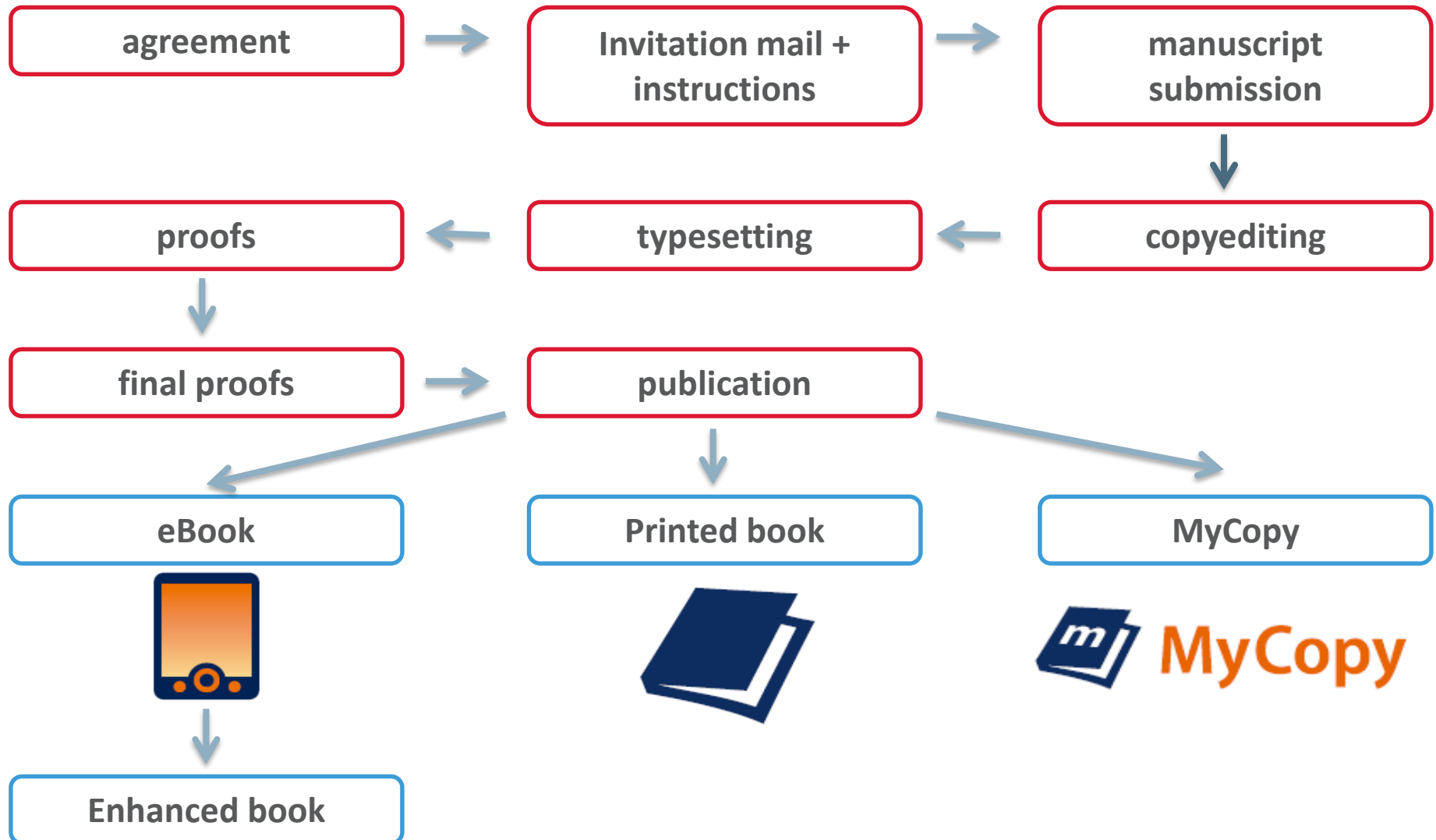
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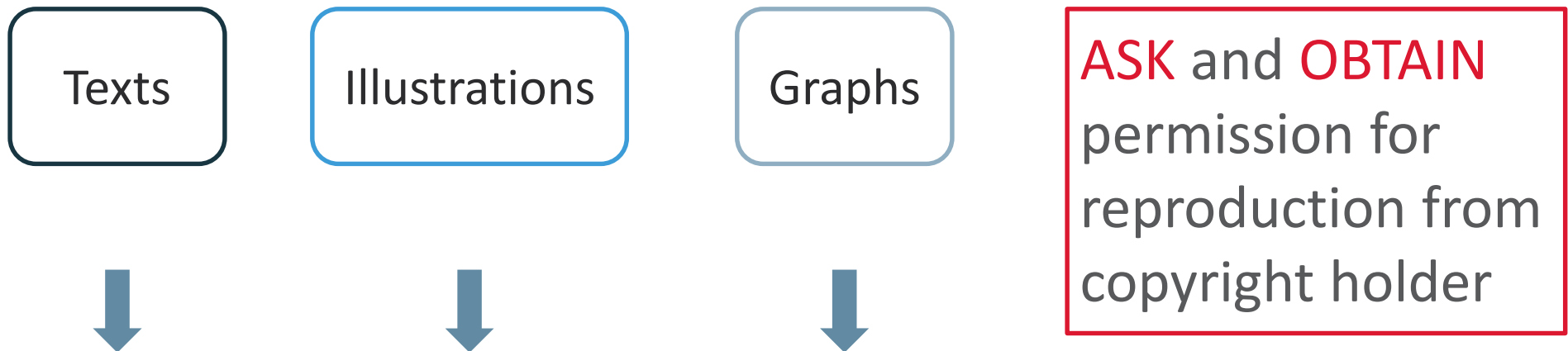
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